

HELP RAISE MONEY FOR THE  
NAVAL SPECIALWARFARE FOUNDATION.

SIGN UP FOR THE  
**ROCK N ROLL  
MARATHON &  
1/2 MARATHON** WITH THE

**ONE TEAM**  **ONE FIGHT**

**SAN DIEGO** ★ **JUNE 6, 2010**

BE A  
PART  
OF THE  
TEAM

**What you get...**

- By joining the team and fundraising or pledging at least **\$100** to the **NSW Foundation** you get **\$15 off** of race registration (by using your coupon code).
- All the perks of the Rock' N' Roll Marathon and 1/2 Marathon, cool technical team shirt, camel back, water bottle and other goodies.
- Pre-race party to meet your teammates.
- Big prizes for our top fundraisers.
- The opportunity to support our Naval Special Warfare community!

**Join us,** Register online and download your pledge sheet at: <http://san-diego.competitor.com/register/>

**Contact** Stacy Shea at [oneteamonefight@rocketmail.com](mailto:oneteamonefight@rocketmail.com) with the following information,  
Subject line: NSWF Content: name, gender, shirt size, email address, and best contact number.

**For more information Contact Stacy Shea at 619-869-1316**